

# GET RIDING – PRITTLE BROOK GREENWAY



**CYCLIST  
HANDY HINTS  
& TIPS!**



## As part of the Cycle Southend project, the Prittle Brook Greenway is getting a new lease of life.

This 5.7km route links the urban heart of Southend to existing tracks and Woodlands Park in Hadleigh, with access to Priory Park, local schools, the Hospital and residential areas offering a vital traffic-free connection for both cyclists and pedestrians.

The green-space, parallel to the Brook, makes the pathway an enjoyable route for walking and cycling, provides access to education and healthy exercise while enhancing the natural biodiversity of the area.

The work to improve this area has included widening of the path for pedestrians and cyclists and planting native grasses and shrubs, as well as some new trees.

This project is part of the work delivered by Cycle Southend. Our vision is for the bike to become part of the daily routine, with more people choosing to cycle to work and school or just for fun.

To find out more visit [www.cyclesouthend.co.uk](http://www.cyclesouthend.co.uk)

- ▶ Always ride on the left hand side
- ▶ Be heard by other road users – use your bell
- ▶ If you're under 12 you should be supervised by a responsible adult
- ▶ Ride at suitable speeds – no racing
- ▶ If pedestrians are on the route please take extra care and give them priority
- ▶ Look out for vehicles when emerging from the brook path to cross the side roads
- ▶ Take care when cycling near to the brook

